

COUNTY OF PICKENS

Pickens County Library System

www.pickens.lib.sc.us



LIBRARY DIRECTOR
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Sarlin Community Library

Village Branch, Pickens

Pickens County Library System

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Diabetes Education

Join Registered Dietician, Valerie Meador, and Director of Rehab Services, Melissa Martino, to learn basic information about diabetes and pre-diabetes. Understand how physical activity, medicine, and food can keep blood glucose in the target range. Learn about foot care, shoe options, when to call the doctor, and much more!

Thursday, January 11 from 3-4:30pm at the Sarlin Branch Library in Liberty

Thursday, February 8 from 3-4:30pm at the Village Branch Library in Pickens

These classes are free but please call AnMed Health Cannon Scheduling at 898-1153 to register.

Pickens County is an Equal Opportunity Provider and Employer

Pickens County Library System 304 Biltmore Road Easley, South Carolina 29640 (864) 850-7077



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